

SUSQUEHANNA SENIOR CENTER NEWSLETTER



2427 Craley Road,
Wrightsville, PA
717-244-0340
info@sasc-craley.org
Hours Mon-Fri 8 am-2 PM



Positive Changes at the Senior Center starting September



To help us continue providing quality programs and services, we will be making a few updates to our fitness and pickleball programs.

Welcome Desk: A new Welcome Desk will be in the front hallway to greet members, answer questions, provide directions, and ensure participants are current members. This addition is an important step in making that transition.

**Silver Sneakers will launch
SEPTEMBER 21ST.**

Fitness, Pickleball, Bingo and Craft Donations: The suggested donation will remain \$3 per visit. For added convenience and savings, members may purchase a 10-visit punch card for \$25. Individual \$3 donations will continue to be accepted. One card can be used to participate in all activities.

Your suggested donations help ensure the long-term success of these programs and allow us to continue offering quality fitness, pickleball, and other activities for years to come. Every contribution makes a difference in keeping our Senior Center active, welcoming, and sustainable for the future.

Thank you for your continued support and for helping keep our Senior Center strong!

MARK YOUR CALENDARS!!

September 1	11:00	Caring Hearts Mtg
September 3	10:30	Labor Day Outdoor Party/Games
September 4	11:00	Wood Art \$ (sign up required)
September 7	SENIOR CENTER CLOSED	
September 9	10:00	Fall Craft \$ (sign up required)
September 10	10:30	Catholic Harvest
	11:00	Zip Lining (sign up required)
September 14	10:00	Speaker
September 15	11:00	Sip n Paint \$ (sign up required)
September 16	10:00	The Price is Right
	11:00	NYH/NYD \$
September 17	10:00	Speaker: Nina Kenney
	11:00	Calendar Planning Mtg
September 18	10:00	No Bake Class \$ (sign up required)
September 21	9:00	Haircuts w/Missy \$\$ (sign up)
	9:30	Fall Craft \$ (sign up required)
September 23	10:00	Nutrition Education
		Choosing healthy carbs
September 24	11:00	Sept birthday party and raffle
September 25	11:00	Pizza & Ice Cream Party!
September 28	10:30	Chorus Sing Along
September 29	11:00	National Coffee Day Celebration
September 30	11:00	Caring Hearts Mtg

August was one hot month! But our members beat the heat with some fun activities. We went deep sea fishing, started a care club, took a bus trip to an Amish meal, won ribbons at the fair and had a Wizard of Oz immersion experience!

Check out your newsletter for more adventures in September!





SEPTEMBER ACTIVITIES

Bible Study	Mon, Sept 14 @ 9:30 am – Christ Church w/Pastor Clark Wednesday Sept 9 and 23 @ 9:30 w/ Jann
Blood Pressure Cks	Friday, Sept 4 @ 11:00 am
Calendar Planning	Thursday, Sept 17 @ 11:00 am
Coffee Social	Tuesdays and Fridays 8:30-9:30 am
Communion	Wednesday Sept 23 after Bible Study
Catholic Harvest	Thursday, Sept 10 @ 10:30-11:30 am
Chorus	Mondays @ 10:00 am Sept 14, 21, 28
Music Lessons	Mondays & Thursdays @ 9 am Sept 3, 10, 14, 17, 21, 24, 28
Games	Wednesday, Sept 2 @ 10:30 beach ball volleyball @ 11:30 Dominos Friday, Sept 11 @ 11 am – Scrabble Monday, Sept 14 @ 11 – Chair activity Bingo Wednesday, Sept 16 @ 10 am – Price is Right 11 am – NYH/NYD Monday, Sept 21 @ 11 – Uzzle Wednesday, Sept 30 @ 10 am - Scrabble
In Center Bingo	Tuesdays @ 10:00 am – Sept 1, 8, 10, 22, 29 Fridays @ 10:00 am – Sept 4, 11
Quilting	Wednesdays @ 9:00 am – Sept 2, 9, 16, 23, 30



National Coffee Day Tuesday, September 29 11 AM

National Coffee Day is an annual celebration in the United States that honors coffee, one of the world's most popular beverages, and recognizes the farmers and workers behind every cup. Join us for a cup!

Art Class \$3/person unless noted otherwise – Sign Up Required

Friday, September 4 @ 11 am - Wooden Art painting
Wednesday, September 9 @ 10 am – Fall Festival Craft - free
Tuesday, September 14 @ 11 am – Sip N Paint
Monday, September 21 – First day of Fall Craft

Food Education (Sign Up) Required

Friday, September 18 @ 10 am No Bake Class \$3
Wednesday, September 23 @ 10 am – Nutrition Class - free

Haircuts with Missy – Monday, September 21 @ 9 am \$\$

Line Dancing – Mondays at 11 am \$3/fee Sept 15 & Sept 28

Walking Class w/Stephanie – Tuesdays & Thursdays @ 12

BOOK CLUB

September 24 @ 10 am

“Chilbury Ladies' Choir” a novel / Jennifer Ryan

As England becomes enmeshed in the early days of World War II and the men are away fighting, the women of Chilbury village forge an uncommon bond. An enchanting ensemble story that shuttles from village intrigue to romance to the heartbreaking matters of life and death, Jennifer Ryan's debut novel thrillingly illuminates the true strength of the women on the home front in a village of indomitable spirit.



Please register ahead so we have an idea of how many members will attend 😊

Trip reservation protocol
effective September 1st

We all love trips and spending time together outside the center. Unfortunately there's been issues with nonpayment, cancelling at the last minute, or not showing up. To help keep this to a minimum, we ask that all trips be paid for at the time you register. Please do not put your name on the paper if you have not paid. You'll have one week ahead to sign up and pay. Thanks for your help.



Saturday, October 17
2-5 PM

\$5 donation per person. Kids 3 and under are free.

Parking is free!

Admission includes all games, prizes, trunk or treat
AND the pumpkin walk.

Food and drink are available for purchase.

Silent Auction from 2:00-4:30 pm

TRUNK OR TREAT



FREE

ACTIVITIES

Games for all ages
Temporary Tattoos
Pumpkin Walk
Trunk or Treat

FOOD/DRINK

\$\$

Water
Soda
Apple Cider
Hot Cocoa
Coffee
Chips
Hot Dogs
Assorted Baked Goods

INFORMATION

All are welcome to wear a costume for trunk or treat. We do ask that costumes are not scary or ghoulish, as there will be smaller children at the event. Thanks for your consideration 😊

www.sasc-craley.org

Susquehanna Area Senior Center
2427 Craley Road, Wrightsville, PA 17368

717-244-0340

**Thank you to our members and
community who supported
Susquehanna Senior Center for the
month of August:**

Anonymous Donors (1)
Irene Rothhaar
Suzette Heiges
Janice and Frank Kober
Don Pickle

Your donations are greatly
appreciated!

We're looking for volunteers with special talents they can share with our members!
Painters, scrapbookers, card makers, history buffs, retired teachers, speakers..... we'd love to have you share your talents with our members and introduce them to something new 😊

If you'd like to volunteer to teach a class, please call Ami at 717-244-0340